

OVERALL SCORE

80 /100

AI-Readable

Executive summary

This site is mostly readable by AI tools, with a few improvements still recommended. Key strengths include AI guidance file and plain-text page access, while homepage access and crawler policy need attention. Recommended next step: serve a non-empty HTML homepage with a canonical link tag that points to the preferred public URL.

Recommended next step

1. Serve a non-empty HTML homepage with a canonical link tag that points to the preferred public URL.
2. Fix robots.txt syntax issues so each rule uses Field: value format, directives appear under a User-agent, and Sitemap entries use absolute URLs.
3. Shorten the title tag to 70 characters or fewer. Shorten the meta description to 160 characters or fewer.

Signal breakdown

Crawlability Serve a non-empty HTML homepage with a canonical link tag that points to the preferred public URL.	Warn10/20
Robots.txt Fix robots.txt syntax issues so each rule uses Field: value format, directives appear under a User-agent, and Sitemap entries use absolute URLs.	Warn7.5/15
llms.txt The llms.txt file was found and includes the expected text, length, heading, and URL signals.	Pass15/15

Sitemap	Pass	10/10
The sitemap index is valid and the checked child sitemap contains URL entries.		
Markdown support	Pass	15/15
The homepage returns markdown content when requested with Accept: text/markdown, giving AI systems a cleaner text representation with less navigation chrome to parse.		
Semantic HTML	Warn	7.1/10
Shorten the title tag to 70 characters or fewer. Shorten the meta description to 160 characters or fewer.		
Structured data	Pass	10/10
Valid JSON-LD structured data was found with core Organization or WebSite schema.org types.		
Content signals	Pass	5/5
Consider adding AI-specific head meta tags, robots noai/noimageai directive so AI systems can consistently discover content usage preferences across robots.txt, HTTP headers, and HTML metadata.		

Suggested fixes

llms.txt

MARKDOWN

FitSuite - Software per Personal Trainer | Gestione Clienti e Allenamenti

> FitSuite e la piattaforma all-in-one per personal trainer: piani nutrizionali, allenamenti multilingua, app clienti con branding personalizzato e gestione completa del business. Inizia gratis.

This llms.txt file summarizes the public, canonical resources that AI assistants and crawlers should use to understand this site.

Site Overview

- Canonical URL: <https://fitsuite.co/>
- Site type: web page
- Recommended summary: FitSuite e la piattaforma all-in-one per personal trainer: piani nutrizionali, allenamenti multilingua, app clienti con branding personalizzato e gestione completa del business. Inizia gratis.

Core URLs

- [Homepage](<https://fitsuite.co/>): Primary public entry point and canonical site overview.
- [Blog](<https://fitsuite.co/blog/>): Editorial updates, announcements, and current context.
- [English](<https://fitsuite.co/en/>): Important public page discovered from the homepage navigation.
- [Deutsch](<https://fitsuite.co/de/>): Important public page discovered from the homepage navigation.

robots.txt additions

TXT

robots.txt additions

Copy these blocks into the existing robots.txt file. Keep current rules unless a note calls out a conflicting Disallow.

AI crawler access

Add explicit Allow rules for AI crawlers so public content permissions are clear.

User-agent: GPTBot

Allow: /

User-agent: Claude-Web

Allow: /

Crawl-rate guidance

Add Crawl-delay under a User-agent block when the site needs gentler crawler pacing.

User-agent: *

Crawl-delay: 10

schema.json

```
JSON
{
  "@context": "https://schema.org",
  "@graph": [
    {
      "@type": "Organization",
      "@id": "https://fitsuite.co/#organization",
      "name": "FitSuite - Software per Personal Trainer | Gestione Clienti e Allenamenti",
      "description": "FitSuite e la piattaforma all-in-one per personal trainer: piani nutrizionali, allenamenti multilingua, app clienti con branding personalizzato e gestione completa del business. Inizia gratis.",
      "url": "https://fitsuite.co/",
      "logo": "https://fitsuite.co/favicon.svg",
      "sameAs": [
        "https://www.instagram.com/fitsuite.co",
        "https://www.facebook.com/fitsuite.co",
        "https://www.linkedin.com/company/fitsuite"
      ],
    },
    {
      "@type": "WebSite",
      "@id": "https://fitsuite.co/#website",
      "name": "FitSuite - Software per Personal Trainer | Gestione Clienti e Allenamenti",
      "description": "FitSuite e la piattaforma all-in-one per personal trainer: piani nutrizionali, allenamenti multilingua, app clienti con branding personalizzato e gestione completa del business. Inizia gratis."
    }
  ]
}
```

Content-Signal

```
TXT
# Content-Signal recommendations

Use these directives to make AI-use preferences explicit for compliant crawlers and AI systems. They are advisory signals, so keep them aligned with robots.txt, terms, and access controls.

## Recommended values

- ai-train=no: AI model training, fine-tuning, and dataset creation.
- search=yes: AI search indexing, snippets, and discovery.
- ai-input=yes: AI answer grounding, retrieval, and generated-response context.

## HTTP response header

'''http
Content-Signal: ai-train=no, search=yes, ai-input=yes
Content-Usage: train-ai=n
'''

Best for site-wide or route-specific policies because the signal travels with every response, including pages that AI systems fetch directly.

## HTML meta tag alternatives

Add these inside the document '<head>' when server headers are not
```

Full report

https://llmscan.dev/scan/ejq-N9T8Unj1Q77YfxC_Q